

Urine sample (mid-stream urine) | Woman | Sheet 1

For the diagnosis of bacteria and fungi

Sample collection in Laboratory medical practice

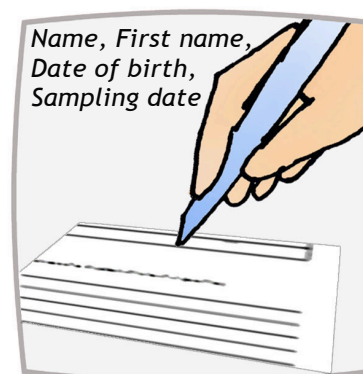
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General precautions:

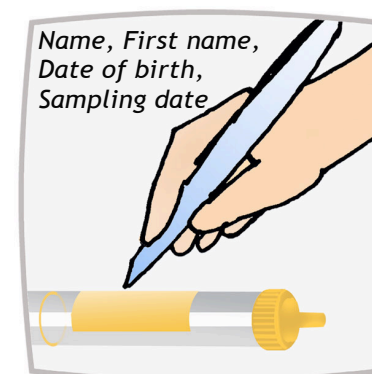
- Between the last bladder voiding and the sample collection, three hours should have gone by if possible.
- Before urine recovery, please wash hands thoroughly.



Urine Monovette (yellow),
suction tip, urine container



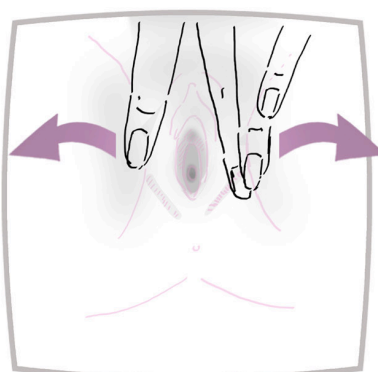
Please first label the
consignment note ...



... and then the vial:
Name, first name, date of birth,
sampling date.



Open urine container.



Clean genitals carefully:

- Spread the labia with one hand (hold lips open until urine collection is completed).
- Wipe external genital area three times with respectively one tap water soaked swab from the front to the back.
- Dry with a swab / cloth.

Recovery of the sample: Put the first portion of urine into the toilet (let urine stream run into the toilet bowl for about 5-8 seconds).



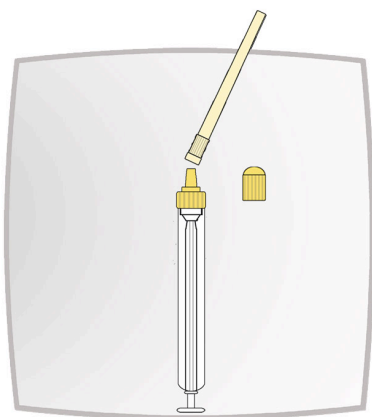
Immediately afterwards catch the second portion of urine in the container (about 10 to 20 ml until the cup is half full). Put the remaining urine into the toilet.

Urine sample (mid-stream urine) | Woman | Sheet 2

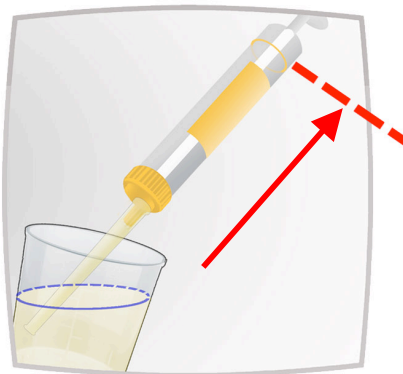
For the diagnosis of bacteria and fungi

Sample collection in Laboratory medical practice

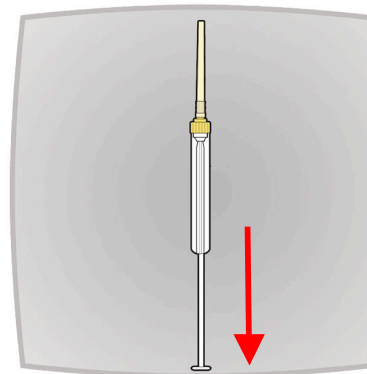
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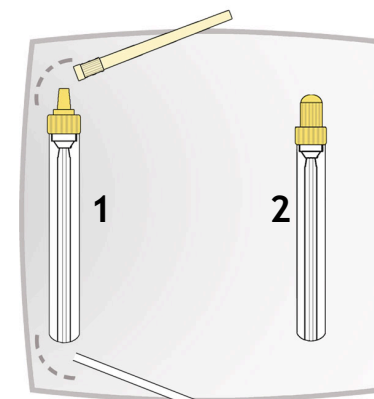
Transfer urine from the cup into the transport container: remove stopper from the urine monovette and attach suction tip.



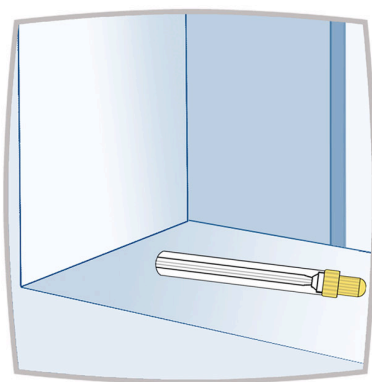
Immerse the tip into the container and pull the monovette up to the base-line.



With the tip upwards, hold monovette vertical and continue pulling the stopper downwards until the tip is emptied.



Pull off tip, kink off plunger rod, put on stopper, so that the monovette is closed.



Close the monovette. Place the sample down in the window flap ...

... and inform our personnel.

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